



Staff

INTRODUCING YOUR CANDIDATES

COUNCIL OF GOVERNORS ELECTION 2021

Candidates were asked to write a 20-word headline explaining why members should vote for them. They were asked to write a personal statement of up to 230 words on why they want to become a governor and what experience and skills they feel they could bring to the role.

The headlines are printed overleaf and the more detailed statements are on the pages that follow.

INTRODUCING YOUR CANDIDATES



Camden and Islington
NHS Foundation Trust

Staff



Mitchelle Tokunbo BASORUN-SMITH

"I am an advocate of a person centred approach with a good track history of dedication, respect and good communication."

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Heidi PICKETT

"I want my gravestone to say that I fought for the people and their mental health."

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Barnaby MAGEE

"I would be proud to represent those who work in such selfless and demanding roles and support their ideas."

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Simon RAMAGE

"As an experienced current Governor and senior officer of the Trust I can best represent your interests to The Board."

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Ulanah MORRIS

"I am person-centred and humanistic with a rich and long professional career in education, health, holistic therapy and community work"

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Neil SARKAR

"I'm an experienced clinician who doesn't shy away from challenging decisions and strives for positive change by listening to others."

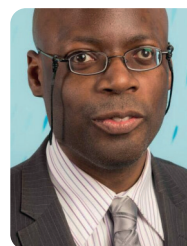
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Steve MORTIMER

"I do not treat people like mushrooms and like to lead by example."

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Roger SMITH

"Vote for me, so I can bring about positive outcomes for C&I Staff, Service Users and the Community."

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Camden and Islington NHS Foundation Trust and UK Engage have made every effort to ensure that the candidates' election statements have been reproduced exactly as they were submitted; this includes any grammatical and/or spelling errors. The views expressed are those of the candidates and do not necessarily reflect those of the Trust or of UK Engage.



Mitchelle Tokunbo BASORUN-SMITH

"I am an advocate of a person centred approach with a good track history of dedication, respect and good communication."

WHY DO YOU WANT TO BE A GOVERNOR?

I am applying for the position of a governor as I meet the essential criteria based on my past, present work and educational background. I am an active listener which has made me provide excellent care for my patients and also gain their trust. I am also an equality champion for the NHS trust which shows that I embrace equality and fairness for everyone. As a governor, I will be able to utilise all these skills and speak out and advocate for the patients and my colleagues.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

As a qualified mental health clinical specialist, I am a firm believer in the 6 c's of care to patients. Having previously attained a BSc and MSc in the business and management field, I have been able to stand out amongst my colleagues while upholding the communication, compassion, competence, care, commitment and courage qualities at all times. I consider myself an enthusiastic team player who is self-motivated and always willing to learn and develop new skills at all times. I am also an Individual who is capable of working under pressure with minimum supervision and a problem solver. After the completion of my mental health nursing programme, I have been opportune to work as a clinical specialist in two psychiatric liaison, crisis teams and the place of safety. I have found these rewarding and given my best to all the teams

DECLARATION OF INTERESTS

None.



Barnaby MAGEE

"I would be proud to represent those who work in such selfless and demanding roles and support their ideas."

WHY DO YOU WANT TO BE A GOVERNOR?

I would like the opportunity to be part of developing and supporting strategy and projects that bring the staffs experiences of services and service delivery to a forum where together we can affect change for the better. I would like to develop my own understanding of the Trust as a whole and being connected to the voice of the workforce and governors seems like a great way to get real insight and support my own awareness as well as help develop others in the process.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

I have worked in the social sector for 16 years managing and implementing services, I have mainly worked in substance misuse but also in mental health, criminal justice, families treatment and talking therapies. I have extensive management experience and an MSc in addiction psychology and counselling. Skills I would bring are; Change management, Problem solving and decision-making, Forward planning and strategic thinking, excellent communication, Listening and team development. I am inquisitive and passionate about developing and improving services. I am goal orientated and work well with others. These skills coupled with personal experience of using services I feel places me in a position where I can be truly empathic in my approach to supporting the staff in this role.

DECLARATION OF INTERESTS

Member of the Labour Party.

INTRODUCING YOUR CANDIDATES



Ulanah MORRIS

"I am person-centred and humanistic with a rich and long professional career in education, health, holistic therapy and community work "

WHY DO YOU WANT TO BE A GOVERNOR?

I seek to be a voice for equality and justice for all, advocating and promoting health, well-being, success and longevity.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

Some key personal qualities : Listening & Empathy, Good communication, Openness & authenticity, Integrity, A person-centred, inspirational approach and courage; Core Professional skills - Teaching, group facilitation (including mindfulness facilitation), education and presentation, spiritual counselling; A staff member of the Recovery and Rehabilitation department and The C&I Recovery College for the last 5 years (Professional recovery Tutor): Freelance work includes devising and delivering a Radical Self-care programme for BlackThrive funded by Guys & St Thomas' and Lambeth Council. Mindfulness Facilitation with The Stress Project (5 years now); I'm an associate member of the C&I's Network for Change; As a BAME member of staff I bring a richness and wealth of experience from my life as an 'immigrant' and from speaking out for open conversations around race with C&I particularly since the murder of George Floyd. I birthed and then co-produced the Mindful Conversation around Race course & currently the BeTheChange programme with C&I's Peer Coaching team. An excellent advocate for ALL people throughout my professional career in education, health and community work with key contributions in the Lambeth community, women's movement and particularly the Black women's movement of Brixton and internationally (Organisation of Asian and African Descent) in the 80s & early 90s. Lived experience of a long-term health condition;

DECLARATION OF INTERESTS

None.



Steve MORTIMER

"I do not treat people like mushrooms and like to lead by example."

WHY DO YOU WANT TO BE A GOVERNOR?

I wish to have the opportunity to serve as a staff governor as I firmly believe that the staff at C and I have the knowledge, insight and motivation to steer the trust through the challenging times it finds itself in. If elected, I will devote myself to ensuring the trust remains true to its one and only function – caring safely and effectively for those people in our community in need of our help and the wellbeing of all staff.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

I have worked at the trust for 2 years as the Electronic Prescribing and Medicines Administration (ePMA) project manager which will help improve the quality of patient care and make life easier for front line staff. Being a governor will allow me to network with staff and find out what they need from the system. Having worked in community pharmacy, hospital pharmacy, procurement, and supplying medicines to cruise liners, my skill set is varied. Key skills include communication, team working, problem solving and working with technology. I am very system focused and love to make life easier for all the teams I work with as well as being a complete nerd when it comes to technology.

DECLARATION OF INTERESTS

None.



Heidi PICKETT

“I want my gravestone to say that I fought for the people and their mental health.”

WHY DO YOU WANT TO BE A GOVERNOR?

I'm giving my life to a cause I can make a difference in. I've worked in mental health for a number of years and I've seen things that need to change. I am the first in my job role in a mental health hospital where I have fought to add more therapeutic interventions to recovery plans. I have presented a social inclusion and recovery reports to trust members and have volunteered my time in the community in 2 mental health charities. I have built relationships with people aged 6-82 and they have told me their story and needs. I am 26, and I will give the rest of my life to help make the improvements that are necessary.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

I have worked with people across the life span from 6-82, in crisis teams, inpatient and community focusing on providing a holistic package of care. I am working with a psychologist and occupational therapist where I have the opportunity to help provide crucial support across many modalities. I have done various trainings coupled by 2 master degrees in mental health and psychology. I have lead groups and give reports in MDTs, speaking for patients and exploring their strengths.

DECLARATION OF INTERESTS

None.



Simon RAMAGE

“As an experienced current Governor and senior officer of the Trust I can best represent your interests to The Board.

WHY DO YOU WANT TO BE A GOVERNOR?

I believe all staff at C&I, both clinical and non-clinical, are striving to achieve the common aim of excellence in delivery of care and outcomes for Service Users at C&I. I would like to continue having a say, as a Governor, in setting the framework for this objective, through involvement in shaping the current NCL MH Review, ensuring we reflect the way you feel services are best delivered within the new models of NHS care. I also want to ensure C&I workforce at all levels in terms of gender, ethnicity and disability is balanced and reflects the ethos of our equality standards we should all stand by.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

I have been a C&I Governor for 6 years, including membership of The Nominations and Remuneration Committee, and recently elected Co-Chair of this important forum. Also elected Chair of the Governor led Finance and Business Strategy Group. I understand intimately the workings of the role of Governor and its governance processes. I have worked within the Camden and Islington sector over 33 years at a senior level. I have built up extensive professional networks with commissioners and providers, based on a strong ethos of service knowledge and trust, both within C&I, and across London. I have performed many senior corporate roles and feel with my background and experience, I can represent the interests of both patients and staff at C&I in this role.

DECLARATION OF INTERESTS

None.

INTRODUCING YOUR CANDIDATES



Neil SARKAR

"I'm an experienced clinician who doesn't shy away from challenging decisions and strives for positive change by listening to others."

WHY DO YOU WANT TO BE A GOVERNOR?

I've been a consultant psychiatrist in C&I for the last 6 years, with roles in clinical leadership & service development in different services. I aim to utilise my experience and enhance my existing skills in listening to a variety of stakeholder viewpoints to bring a positive change at a critical and exciting time for C&I. I'm looking for new and exciting challenges. I hope more direct service user, community and trust board liaison will be a mutually beneficial association- both for the trust and my own development.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

MY QUALITIES-

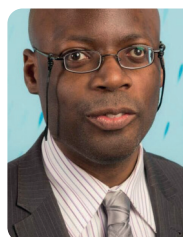
- Proven track record to improve service user experience & outcomes and embrace positive change
- Delivering a person-centred style for service users, carers & families
- Approachable, accessible, hard-working
- Asking challenging questions & listening to differing opinions in order to achieve the best results
- Combining clinical experience with an open mind- with creative interests (song-writing/ music-production), well-travelled (>150 countries), helping me understand a wide range of perspectives & cultures.

MY EXPERIENCE-

- 20 years in mental health (several London trusts)
- Clinical leadership & service development for >10 years with a proven track record
- Last 6 years in C&I
- Range of roles in C&I (Primary Care Mental Health, Community Assessment Teams, Acute Treatment Wards & Women's Intensive Care), enabling a broad overview
- Experienced in supporting, teaching, training, appraising, examining, supervision & mentorship of MDT, students, junior doctors & consultants
- Well-versed in engaging stakeholders with varying opinions
- Member of trust committees & author of trust guidelines

DECLARATION OF INTERESTS

None.



Roger SMITH

"Vote for me, so I can bring about positive outcomes for C&I Staff, Service Users and the Community."

WHY DO YOU WANT TO BE A GOVERNOR?

It's "Time to take immediate action" to promote equality and diversity. I suggest other policies relating to inclusion and stigma.

I want to ensure views of the local community including service users are heard by Managers of the Trust. Be part of advisers to the Trust in carrying out its functions in ways that are consistent with members and the wider community, to ensure the Trust conducts its business in a manner which reflects its purpose. Making sure the views of service users and local communities are taken into account when planning for service development/changes and to promote/advocate better working conditions, policies and pay for staff members.

To act as a friend in times of need. I endeavour to support, challenge, and ask questions. I aim to act as a source/liaison for ideas about how the Trust can provide services in ways which meets the needs of the local communities. Discuss, advise and support the Board of Directors in setting the longer-term vision and strategy for the Trust.

WHAT EXPERIENCE AND SKILLS DO YOU FEEL YOU COULD BRING TO THE ROLE?

Administrative i.e. applying my IT skills, building website in progress for the use by Nubian User's Forum. I've attended Service Users Alliance/Law Committees. I believe in the ethos of Peer Support being essential when engaging with others who are living Mental Health needs. Reflecting on my own personal sight impairment/epilepsy. I'm fully aware of the stigma's often held by Public and Social.

DECLARATION OF INTERESTS

None.